

Creative ideas for Prayer and Collective Worship

- 1. Using the daily news bulletin** – Adults should choose an appropriate item for prayer focus from the news. What are we praying for? What can we give thanks for? What needs healing?
- 2. Using objects** – Acorns, crosses, pictures, rings, anything that has a special story behind it, connects to the Liturgical season or someone you want to pray for. Use precious or sentimental items from around the home to inspire prayer and discussion.
- 3. Using candles** – Candles can be passed around carefully, whilst you silently or share out loud your prayer intentions. You could also think about a common theme – e.g. I will be a light to the world today by...
- 4. A line from scripture** – Choose an appropriate line from scripture that speaks to you and share this with the family. Then just sit with it during a period of reflection.
- 5. Water** – Water is extremely symbolic, used in baptism to show new life. We are named, chosen and anointed. The planet we live on is 90% water. We are 90% water. Water is cleansing giving us new chances.
- 6. Cards and letters** – A powerful way of helping children to pray with scripture. Special messages can be written – is it just paper and ink or is it more than that? It provides a way of bringing the person or thing closer to you. These could be shared with the wider community, either by posting to a local care home, relative or simply being hung in the window.
- 7. Praying for other countries** – Place a world map on the floor or display on the board. Use coloured flags or pins to locate the country you wish to pray for (using news focus).
- 8. Name prayers** – Use your names to create acrostic prayers and display these in your prayer focus area at home.
- 9. Music meditation** – Music can be an extremely powerful resource to support meditation and prayer. Perhaps start to build a family playlist to use whenever you need a moment of calm.
- 10. Using hands, ears, feet, eyes and mouths** – Use the idea that Christ has no hands other than ours, no ears other than ours, no feet other than ours etc. How do we use them to continue Christ's work?
- 11. The 60 second prayer** – At certain times of the day, everything stops for just 60 seconds of stillness and silence.
- 12. Get on Pinterest!** – Pinterest is a treasure trove of inspiration, not only for Collective Worship but all kinds of engaging and relaxing activities.